

Principles of Attic Ventilation

A comprehensive course for understanding
and planning attic ventilation systems



Course Objectives:

After completing this course, you will:

- Understand the specific benefits of attic ventilation for all four seasons of the year
- Understand the dynamics of air movement and what's needed for effective attic ventilation
- Be able to identify the various types of intake vents and exhaust vents
- Be able to calculate exactly how much attic ventilation is needed for any size attic
- Understand ice dam causes and defenses

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To receive a Certificate of Completion take the test on Page 28. AIA members who pass the test (18 correct answers out of 20) are eligible for continuing education credits (1.5 hours; HSW category). Non-AIA members may also be eligible for CEUs by presenting the Certificate of Completion to their professional organizations.

There are two ways to submit your answers for grading:

1. Print out the test pages. Fill in your name and mailing information and complete the test by circling your answers. Then mail the test to: Air Vent, c/o PAV Online Course, 7700 Harker Drive, Suite A, Peoria, IL 61615.
2. Take the test online at <http://www.airvent.com/professional/PAVcourse.html>. Read the question in the PAV Course PDF, then mark your answer in the interactive column to the right of the appropriate question number.

Section 1: Hows and Whys of Attic Ventilation

Overview:

After completing this section you'll be able to describe:

- Potential heat buildup problems during warmer weather inside an attic and living space
- How an effective attic ventilation system can help resolve heat buildup problems
- Potential moisture buildup problems during colder weather inside an attic and to the roofing materials
- How an effective attic ventilation system can help resolve moisture problems

An effective attic ventilation system provides year-round benefits.

- During warmer months, ventilation helps keep attics cool.
- During colder months, ventilation reduces moisture to help keep attics dry. It also helps prevent ice dams.

Several purposes of an attic ventilation system are to provide added comfort, to help protect against damage to materials and structure, and to help reduce energy consumption – during all four seasons of the year.

Your goal should be to provide those benefits whenever you design and install an attic ventilation system.

Dealing with the effects of heat.

On a sunny day, radiant heat from the sun hits the roof. The roof temperature increases and heat travels (technically, it conducts through the roof sheathing) into the attic. As heat builds up in the attic, it radiates to the attic floor, then into adjacent living areas, raising temperatures there.

These are typical temperatures for a home with no attic ventilation, on a sunny day, with an outdoor temperature of 90°F (32°C) (see Figure 1).

- Temperature at roof sheath: as high as 170°F (77°C).
- Temperature at attic floor: up to 140°F (60°C).
- Temperature in rooms directly beneath attic: uncomfortable.

The longer these hot, sunny conditions last, the more uncomfortable it becomes in the home. That's because an unventilated – or inadequately ventilated – attic seldom loses enough heat overnight to compensate for the heat gained during the day. Ironically, the effect is magnified in modern homes with heavier insulation.

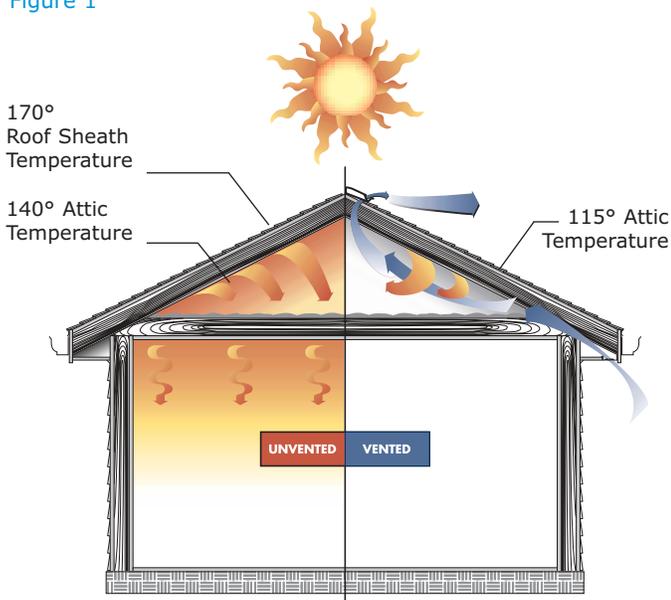
Eventually, this accumulation of heat begins to have more practical – and costly – consequences.

To reduce the effect of the heat – not only the daytime heat gain but also the excess heat being stored in the attic – homeowners turn on fans, window air conditioners or central air conditioning systems. As the hot weather continues, these appliances run longer and longer. Homeowners pay for all this added energy consumption in **higher utility bills**.

Section 1: Hows and Whys of Attic Ventilation

A less obvious – but equally costly – consequence can be found on the roof itself. Homeowners can't see it happening, but over time excess attic heat can cause some shingles to distort and deteriorate. The result is **premature failure of roofing materials** – and perhaps a leaky roof.

Figure 1



Unvented: Radiant heat penetrating through roof sheath and attic enters living areas of home. **Vented:** With proper ventilation the heat is vented out of the attic keeping living areas cooler.

The insulation/ventilation connection.

Efficient insulation increases the need for effective ventilation.

Why? Because heavier insulation absorbs and holds more heat. That means it's less likely overnight cooling can remove heat that builds up in an attic during a prolonged period of hot, sunny weather.

The solution to this dilemma isn't to reduce the insulation in an attic. That would only create problems at other times of the year. Instead, the goal is to design an attic ventilation system that effectively compensates for the additional heat gain produced by the high levels of insulation.

In short, effective attic ventilation also helps cool attic insulation.

Heat: how ventilation can help.

Ventilation can't eliminate the transfer of heat from roof to attic, but it can minimize its effect. To do that, a well-designed system must provide a uniform flow of cool air along the underside of the roof sheathing. That steady flow of air carries heat out of the attic before it can radiate to the attic floor.

It's critical that this airflow is uniform. That means intake and exhaust vents must be **balanced** – for both position and airflow capacities. Otherwise, “hot spots” can develop under roof sheathing, drastically reducing the efficiency and effectiveness of whatever ventilation is installed.

Dealing with the effects of moisture buildup.

When winter arrives and temperatures plunge, heat doesn't travel from an attic into the living quarters. Instead, heated indoor air travels from the home into the attic – along with moisture.

Figure 2 illustrates how this process of moisture transfer takes place. Furnace-warmed air circulates through the house, picking up water vapor generated by activities such as cooking, bathing, and the washing of clothes and dishes – as much as 2 to 4 gallons per family of four. The use of humidifiers, common in many homes, provides an abundant and continual source of moisture. Keep in mind also that the warmer the air is, the greater its capacity to hold moisture.

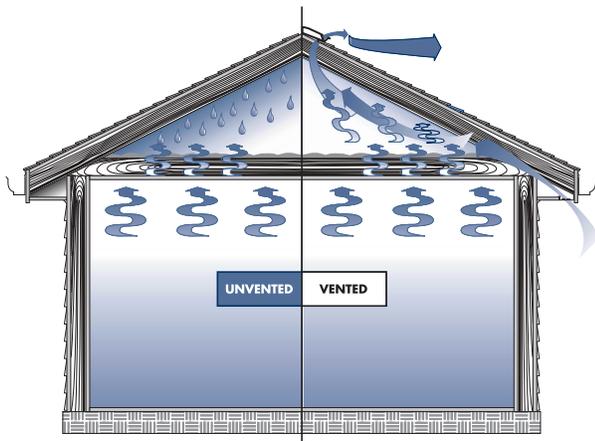
The problem is especially acute in homes with electric heating. Most of these homes were built since the mid-1970s, using advanced insulation materials and methods. As a result, most are “tight,” allowing minimal infiltration of outside air. In addition, electric heat sources do not require air for combustion, so another common source of outdoor air has been eliminated.

Section 1: Hows and Whys of Attic Ventilation

Problems arise when the warm, moist air from the living quarters moves toward the attic, where the air is cooler and drier. That moist air is drawn to the attic in two ways.

The first is through a process called “vapor diffusion.” It’s a process in which water vapor naturally travels from high-humidity conditions to low-humidity conditions – in our example, from the living quarters into the attic. The force of vapor diffusion is so great that moisture even travels through building materials such as sheet rock. Even vapor barriers cannot totally stop this process.

Figure 2



Unvented: Moisture rising up through the house condenses in the attic, causing damage to studs, insulation, and other materials. **Vented:** A vented attic allows moisture to escape.

The second way moisture travels into an attic is by air moving through openings cut into a vapor barrier. Such openings are commonly found, for example, at recessed ceiling boxes and attic entries.

The problems start when moist air hits cooler rafters, trusses and roof sheathing. The moisture condenses as water droplets or frost. Eventually, the condensation drips on the insulation below. If too much water soaks into the insulation, its volume can be compressed and its effectiveness reduced. The sequence of events that follows: greater heat loss leads to colder rooms, colder rooms lead to

a greater need for heat, greater use of the furnace leads to higher energy bills.

As with heat buildup, moisture buildup has long-term effects. That’s because not all the condensing moisture drips into insulation. The structural elements of the house absorb some, leading to wood rot and the deterioration of roofing materials. Other moisture is likely to soak into the attic floor and eventually into ceiling materials, causing water stains and paint damage in the rooms below.

Moisture: how ventilation can help.

Although the problems of attic heat and moisture have different causes, they share a common solution: a high-efficiency ventilation system that allows a uniform flow of air to sweep the underside of the roof sheathing. The system exchanges warm, moist air with cooler, drier air.

Section 2: Airflow and a Balanced System

Overview:

After completing this section you'll be able to describe:

- The two forces that affect air movement: thermal effect and wind
- Why a balanced attic ventilation system of intake and exhaust vents is most efficient
- Best placement of intake and exhaust vents on a roof for maximum performance

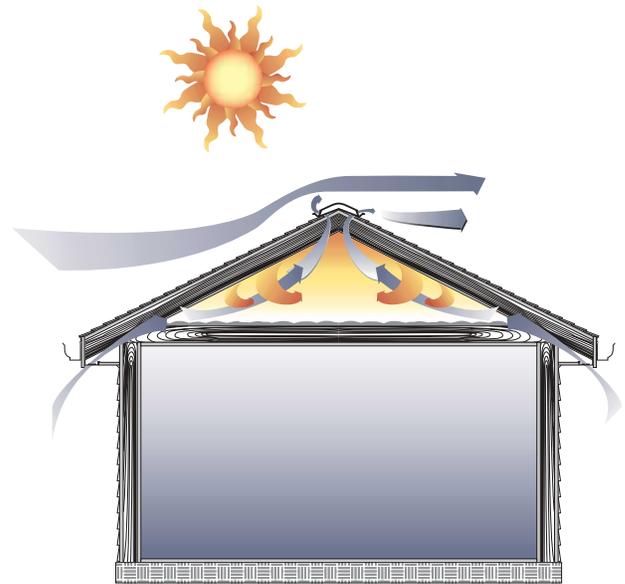
“Ventilate” comes from the Latin word for “to fan,” the action of causing air to move.

That’s what an efficient ventilation system must do – provide a steady, high volume of air movement. That means the system components must be sized and positioned to provide a constant flow of air, moving in a constant direction.

Air movement can be created in one of two ways – using **natural ventilation** or **mechanical ventilation**.

Natural air movement is created by two key forces: thermal effect and wind (see Figure 3).

Figure 3



Thermal Flow (effect whereby cooler air falls, warmer air rises) and Natural Flow (effect due to wind) come together to ventilate an attic.

Section 2: Airflow and a Balanced System

Thermal Effect

Thermal effect is the inherent property of warm air to rise. A well-designed attic ventilation system takes advantage of that movement in two ways:

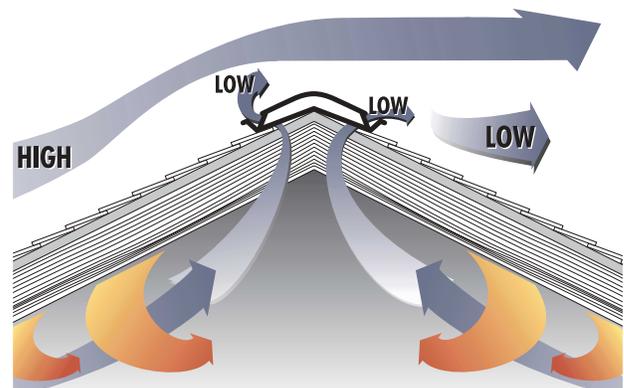
- 1) Since warm air rises, an effective system will include exhaust vents at or near the ridge. That placement allows the hottest air to be removed from the attic most efficiently.
- 2) The thermal effect creates a natural circulation of air, because as warm air rises, cooler air falls. A well-designed system assists this momentum by placing intake vents at the lowest point in the attic, typically in the soffit. The cooler air entering these vents (cooler as compared to the attic air) speeds this circulation of air.

Wind

By itself, however, thermal effect cannot create the high volume of air movement needed for effective ventilation. **That's why the influence of wind is the key element in the design of a non-powered ventilation system.** Wind, after all, is a natural flow of air. So when designing a ventilation system, you want to make the wind work to your advantage.

To use the power of wind, it's important to understand how wind force affects ventilation. It isn't the velocity of the wind by itself that causes air to move through an attic. Instead, it's the wind's speed as it moves against and over a home's exterior surfaces. A wind-driven flow of air creates areas of **high** and **low** air pressure (see Figure 4). High pressure forces air into the attic, while low pressure draws air out.

Figure 4



Wind passing over an externally baffled ridge vent creates a low pressure area at the vent's openings which causes air to be lifted or pulled out.

Section 2: Airflow and a Balanced System

Balance the system.

A properly designed attic ventilation system requires balance. That balance is achieved in two ways:

- 1) Airflow capacity must be balanced between **intake** and **exhaust** vents. In general, the net free area [*Net free area means the total unobstructed area (usually measured in square inches) through which air can enter or exhaust a non-powered ventilation component.*] of intake venting should be equal to or greater than the net free area of exhaust venting. To determine how much net free area a particular attic requires, see Section 5.
- 2) Intake and exhaust vents must be positioned to create a proper high-low balance. That balance is achieved when two conditions are met:
 - a) Half the vent area must be high in the attic, with the other half low in the attic. Without that balance, the area of effective ventilation is limited to the lesser of the two vent areas. For example, if 75 percent of the venting is high and 25 percent low, ventilation is limited to the air moving through the lower vents.
 - b) The vents placed high must act as exhaust vents, while the low vents act as intake vents. That placement assures a continuous flow of air, moving in the desired direction.

In planning the location of intake and exhaust vents, two other factors must be considered:

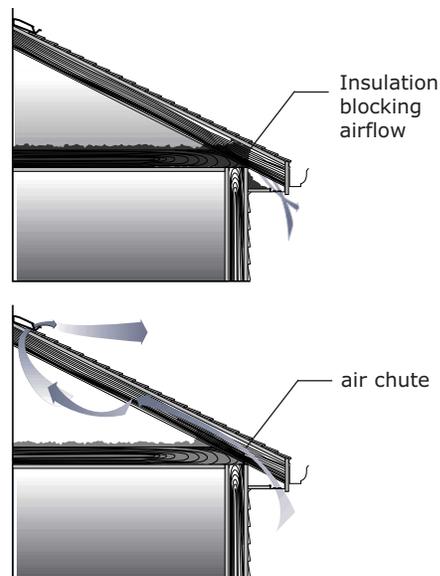
- 1) **Intake and exhaust vents must be positioned so they assure continuous airflow along the underside of the roof sheathing.** This is where ventilation is most effective. During summer, airflow along the sheathing removes heat before it can radiate to the attic floor. During winter, airflow along the sheathing removes moisture before it can condense into water droplets or frost.

- 2) **Intake vents must be located so there is little possibility of rain or snow infiltration.** Intake vents should be placed in protected areas, the most convenient being in the soffit (the area underneath the eave of the house).

Placing intake vents in the soffit doesn't assure that a strong wind won't drive moisture into the openings. But should that happen, the area around the soffit is less likely to suffer major damage. For one thing, insulation isn't installed in the soffit, so the problem of wet insulation is avoided. In addition, rain or snow entering a soffit vent is more likely to drain back through that opening. At worst, the moisture would be confined to the soffit area, where it can evaporate quickly without causing permanent damage.

Note: To assure optimum performance of intake vents, you must make certain the area above the intake opening isn't blocked by dirt, building debris or attic insulation (see Figure 5).

Figure 5



(Top) Insulation blocks undereave intake vents preventing proper airflow into the attic. **(Bottom)** An unblocked undereave vent allows a passage for air to move through attic.

Section 3: Intake Vents

Overview:

After completing this section you'll be able to:

- Identify the various types of intake vents
- Describe the design features of the various intake vents

In general, ventilation components can be divided into two broad categories: **intake vents** and **exhaust vents**. Within each category there are various styles. Furthermore, ventilation components are either fixed (also called static) or powered. Let's look at intake vents.

The best place to install intake vents is in or near the roof eave. That location provides two key advantages:

- 1) The vents are better protected from rain and snow infiltration. Vents mounted in the eave provide almost total protection. (We qualify that statement only to acknowledge the possibility that winds at or near hurricane force could drive moisture into an undereave vent. In normal conditions, however, undereave vents don't allow moisture infiltration.)
- 2) Usually, **when undereave vents are placed on both sides of a roof (as they should be), there's always an equal distribution of high and low pressure areas.**

Note: This doesn't mean there's an adequate distribution of high and low pressure areas. A ventilation system that uses only undereave vents violates the principle of a balanced system (intake vents and exhaust vents). What this means, in practical terms, is that the system will provide a continuous flow of air along the attic floor, but not along the underside of the roof sheathing, where it does the most good.

Intake vents are available in many designs. In choosing the right unit for a particular job, you have to consider the structure of the home, the area where the units will be located and the net free area provided by each unit.

The most common types of intake vents are:

Undereave vents are mounted in the soffit. Units vary in size from 16" x 8" to 16" x 4". Naturally, net free area varies according to unit size (see Figure 6).

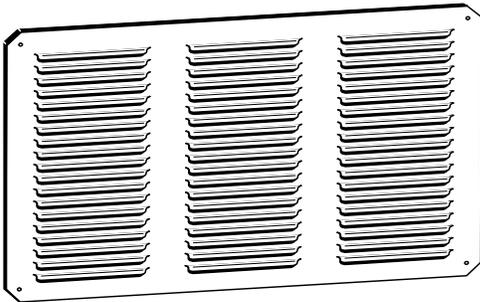
Continuous soffit vents are also mounted in the soffit. These units vary in length, with the typical length being 96" (see Figure 7).

Vented drip edge is used on homes without an eave area. It combines a drip edge with intake louvers.

Section 3: Intake Vents

Mini-louvers are typically used with other types of intake vents; they're too small by themselves to provide sufficient net free area of intake. In most applications, they're installed in an exterior wall to help eliminate moisture that collects in the wall cavity. To be effective, mini-louvers must be installed below the source of humidity (such as a bathroom or laundry area). That placement allows a flow of air to collect the humidity and carry it into the attic.

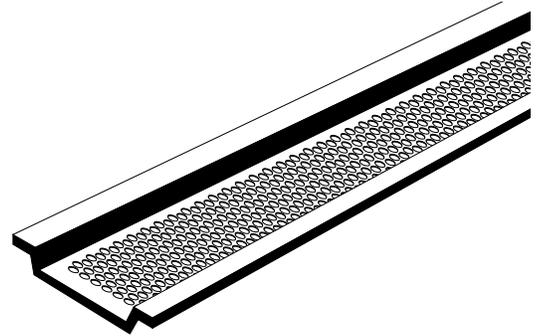
Figure 6



The undereave vent, an intake vent, allows needed air to enter the attic. It is located on the underside of the eave of the house.

Vented soffit panels are vinyl or aluminum soffit with vent openings already cut into the panels. Be sure to check the net free area of the panels to assure that they provide enough intake ventilation area to balance with the exhaust ventilation.

Figure 7



Continuous soffit vent takes in outside air and is located on the underside of the eave.

Section 4: Exhaust Vents

Overview:

After completing this section you'll be able to:

- Identify the various types of static and powered exhaust vents
- Describe the design features of the various exhaust vents
- Explain why the most efficient type of exhaust vent is a ridge vent
- Describe the Bernoulli Effect and how certain ridge vents take advantage of this phenomenon

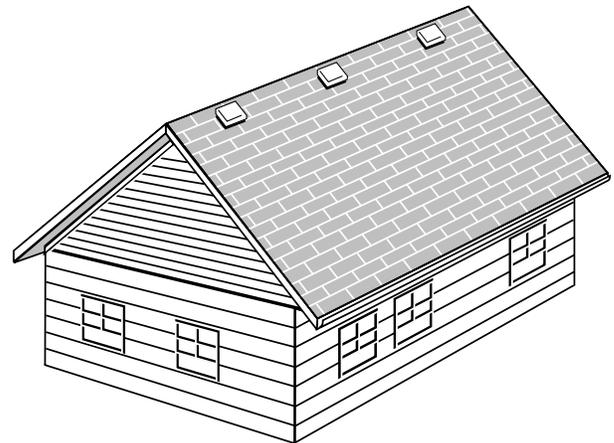
Exhaust vents are designed to permit an efficient, unobstructed outflow of attic air. In addition, because they're installed high in the attic where there's greater exposure to the weather, these units must be designed to prevent (or at least minimize) rain and snow infiltration.

Exhaust vents must be used with intake vents to provide a balanced system and thus an adequate flow of air through an attic. It's also worth repeating another point made previously: **for maximum efficiency, the net free area of intake vents should be equal to or greater than the net free area of exhaust vents.**

As with intake vents, exhaust vents are available in different designs. Two commonly used fixed exhaust vents are:

Roof louvers which are installed as close to the roof ridge as possible to allow maximum release of moisture and overheated air. Because they're installed near the ridge, they provide a continuous airflow along most of the underside of the roof sheathing. **The airflow pattern isn't uniform, however, so for maximum effectiveness, vents should be spaced equally along the roof** (see Figure 8).

Figure 8



A roof louver is an exhaust vent located near the ridge.

Section 4: Exhaust Vents

Gable louvers are typically installed in the gables. Two types are generally available: rectangular and triangular. In most installations, a unit is placed at each gable end (see Figure 9).

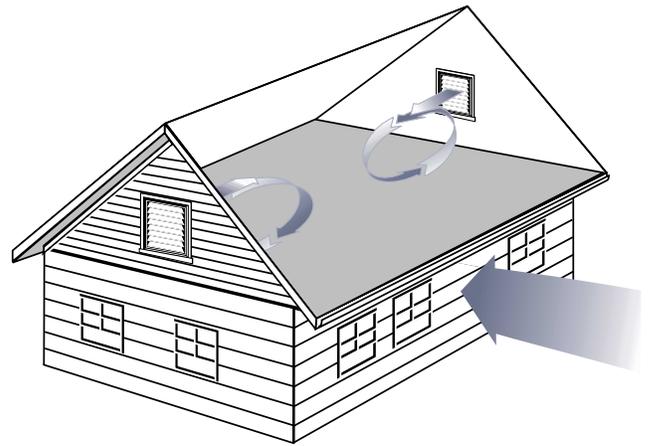
Figure 9



A gable louver, an exhaust vent, allows unwanted air to flow out of the attic. These are located at the ends of the attic.

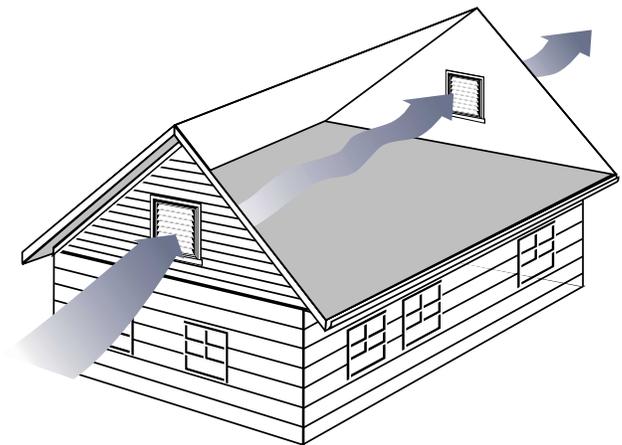
Note: Sometimes louvers are installed in opposite gable ends, without intake venting, in the mistaken assumption that a good “cross flow” of air can provide adequate ventilation. What typically happens, however, is illustrated in Figures 10 and 11. If wind direction is perpendicular to the ridge, the louvers act as both intake and exhaust vents, providing ventilation only in the areas near the vents. If the wind direction is parallel to the ridge, a cross flow of air is established, although the flow tends to dip toward the attic floor, leaving the hottest air still at the underside of the roof sheathing. Of course, if absolutely no intake venting can be installed at low points in the attic, a louver-only installation is preferable to no ventilation at all.

Figure 10



With wind blowing perpendicular to the ridge, the louvers act as both intake and exhaust vents.

Figure 11



With wind blowing parallel to the ridge, airflow dips towards the attic floor leaving the hottest air still on the underside of the roof sheathing.

Section 4: Exhaust Vents

Ridge vents are a special type of fixed exhaust vent. Ridge vents offer unique advantages when compared to other fixed venting units.

– **Maximum efficiency.** The best ridge vents use an external baffle designed to draw heated air from an attic regardless of wind direction or force. Figure 12 shows how that happens.

Figure 12



A baffled ridge vent creates an area of low pressure on both sides of the ridge vent. It literally pulls air out of the attic.

– **Maximum air movement.** Externally baffled ridge vents work better because they take advantage of two natural forces: thermal effect or the fact that warm air rises and low air pressure that is created at the vent openings as wind is deflected by the baffle. (see Figure 4 on page 7).

Weather protection

An added benefit of the external baffle is that any weather that hits it is deflected up and over the vent away from the attic.

When wind direction is perpendicular to the ridge, it strikes the external baffle and jumps over the ridge. That movement creates a Bernoulli Effect, causing low pressure to develop on both sides of the vent. When that happens, air from the attic is “lifted” out, in much the same way low pressure created above an airplane wing gives “lift” to the plane (refer also to Figure 4 on page 7).

The same thing happens when the wind direction is parallel to the ridge. It moves across the louvers, creating a low pressure area on both sides of the ridge vent.

In addition, when little wind force exists, ridge vents take full advantage of the thermal effect to maintain air circulation across the underside of the roof sheathing. Warm air rises to the ridge and exhausts through the vent. That allows a continuous flow of cooler air to enter through the intake vents. Only ridge vents use thermal effect efficiently and effectively, because only ridge vents provide continuous and uniform air movement along the full length of a roof.

Note: To provide this efficient air movement, ridge vents should be balanced with equal net free area of intake vents. For best results, intake vents should be divided equally along both sides of a structure.

Section 4: Exhaust Vents

– **Uniform air movement.** Because ridge vents run the entire length of a roof, they provide a uniform flow of air along the underside of the roof sheathing. That air movement helps eliminate “hot spots” that can develop with other types of exhaust vents – even powered vents. No other exhaust vent provides this type of airflow pattern.

– **Maximum visual appeal.** Most ridge vents offer a low-profile design that minimizes its appearance on a roof. Shingle-over designs allow optimum blending with other roof materials (see Figure 13 and Figure 14).

Figure 14

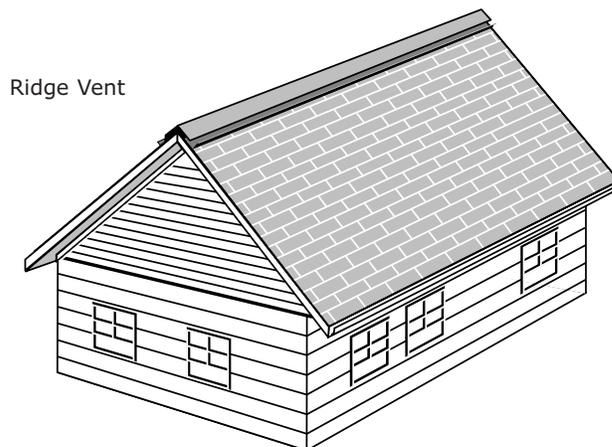
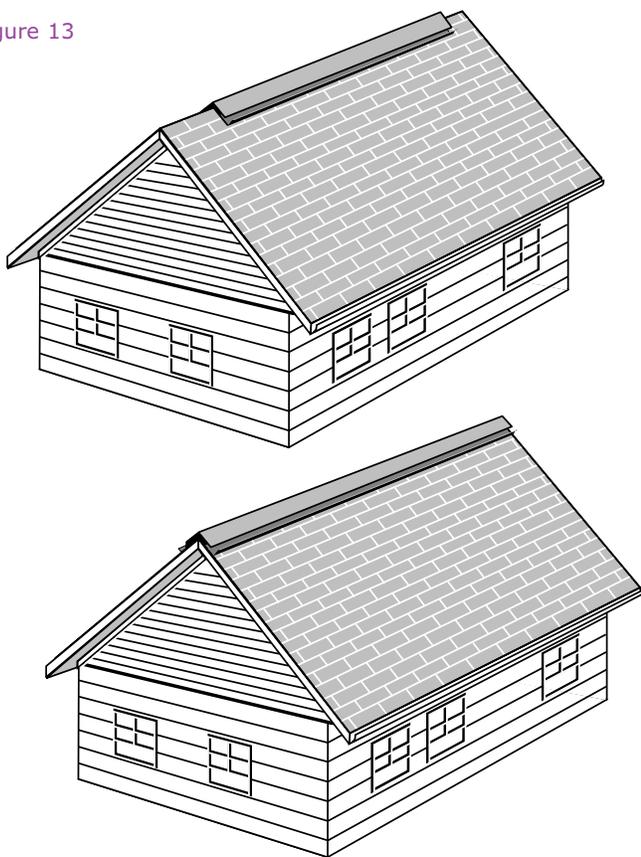
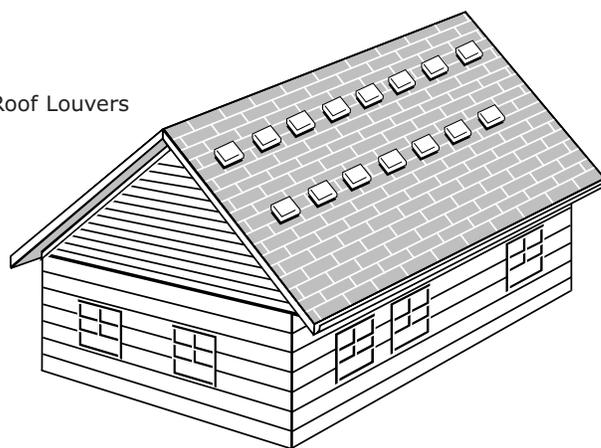


Figure 13



Roof Louvers



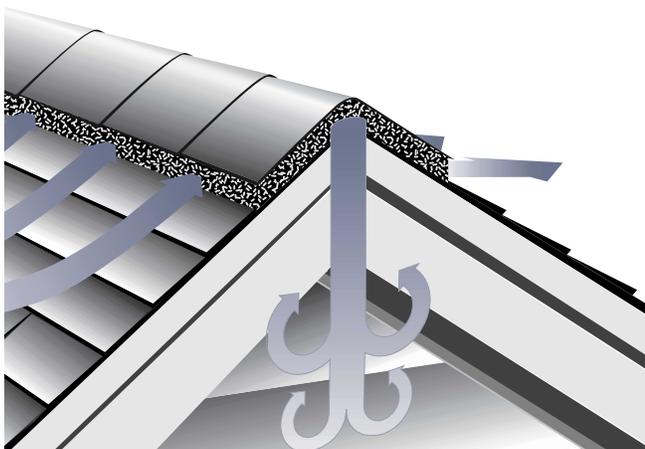
Fifteen roof louvers are required to equal the exhaust venting of 42 linear feet of ridge vent. This clearly demonstrates the performance and aesthetic advantages of ridge vents.

(Top) Ridge vent installed shorter than the ridge length presents an awkward “broken” appearance. **(Bottom)** A ridge vent should extend all the way along the roof for a smooth “unbroken” roof line.

Section 4: Exhaust Vents

It's important to emphasize that the advantages listed above apply only to ridge vents that use an external baffle design. A series of independent tests has concluded that only an external baffle can direct the wind up and over the vent. That's significant, because it's that controlled flow of air that creates the area of low pressure that causes air to be pulled from an attic (see Figure 15 and Figure 16).

Figure 15



A roll vent with an internal baffle, or without any baffle at all, does not "pull" air from the attic.

Figure 16



An externally baffled vent "pulls" air from the attic from both sides of the ridge vent.

Wind turbines

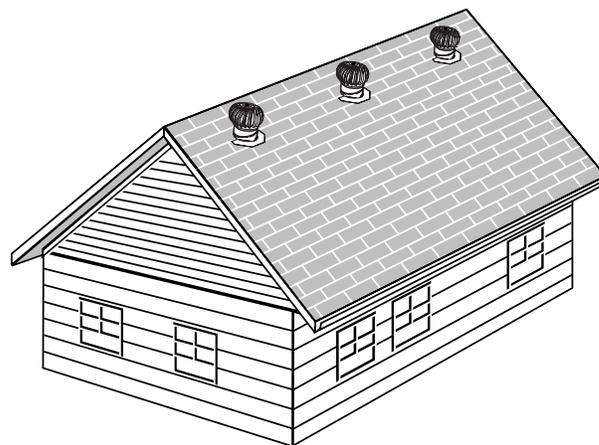
Although not as effective as ridge vents, wind turbines provide a low-cost alternative in areas where consistent wind speeds of at least 5 mph are typical. Without that minimal wind speed, wind turbines act essentially as roof louvers.

When the wind is blowing, however, wind turbines can be effective air movers.

Wind turbines consist of a series of specially shaped vanes that turns wind force into a rotary motion. As the spinning vanes gain velocity, they create an area of low air pressure. That low pressure, in turn, pulls air from an attic.

To provide maximum ventilation benefits, wind turbines, like roof louvers, must be equally spaced along a roof. Otherwise, ventilation will be focused in the area surrounding the wind turbines, allowing hot spots to develop in other areas of the attic (see Figure 17).

Figure 17



Wind turbines are located near the ridge and are used to exhaust air from the attic.

Section 4: Exhaust Vents

Power fans

For the most part, a power fan is a motor-driven version of a wind turbine.

A power fan uses the rotary motion of blades to pull air into the attic through the intake vents at the soffit and exhausts it out of the attic near the ridge. But instead of using wind power to drive the blades, power fans use electricity to drive high-efficiency motors **or sunlight if they are solar powered.**

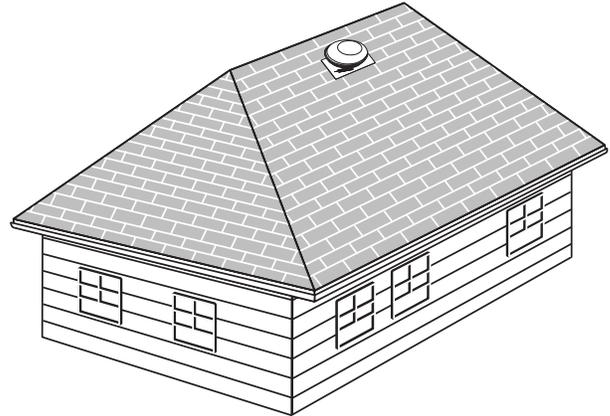
Unlike a wind turbine, however, the effectiveness of a power fan isn't dependent on wind force. Instead, a power fan is turned on and off as needed, automatically, with thermostat and humidistat controls. (In some models, an integral humidistat control is standard; in most models, however, a humidistat is an add-on option.

Generally, solar powered fans do not have thermostat or humidistat controls.)

Depending on the size of the motor and the efficiency of the blade design, power fans can move more than 1,500 cubic feet of air per minute (CFM). That high volume of air movement is critical. To ensure adequate ventilation, power fans must provide at least 10 changes of attic air every hour. (Some models offer a two-speed option that allows fan speed – and air movement – to be determined by the “demand” for increased ventilation.)

Although a power fan can move a large volume of air, a single unit generally cannot “vacuum” all hot air from an attic. Usually, to provide uniform air movement along the underside of the roof sheathing, a series of power fans must be spaced equally along a roof.

Figure 18



Power fans are used to move large volumes of air. Roof-mount models are a good option for hard-to-vent hip roofs that have limited horizontal ridge length available for ridge venting.

When evaluating the feasibility of using power fans, it's important to evaluate one factor which is considered to be a major disadvantage: namely, that **power fans cannot vent away moisture during the winter unless they are equipped with humidistat controls.**

This problem can be solved by using a power fan that has a humidistat control. When that's done, power fans do offer key benefits. For one, they ensure a high volume of airflow, even on days when outside air is virtually still (a common occurrence in inland areas on hot summer days).

In addition, power fans provide ventilation in some circumstances where fixed systems would prove inadequate. For example, most static exhaust vents in a hip roof application fail to meet ventilation code requirements for high (exhaust) vents, while power fans can provide the air needed to ventilate the attic properly (see Figure 18).

Note: To determine the fan capacity and intake vent requirements when using a power fan, see Section 5.

Section 5: How Much Ventilation is Needed?

Overview:

After completing this section you'll be able to:

- Identify current residential building code requirements for attic ventilation
- Calculate how much ventilation is needed for a specific attic size

An example of current **minimum** requirements for ventilation comes from the 2003 International Residential Code (IRC) Section R806:

R806.1 Ventilation required. Enclosed attics and enclosed rafter spaces formed where ceilings are applied directly to the underside of roof rafters shall have cross ventilation for each separate space by ventilating openings protected against the entrance of rain or snow...

R806.2 Minimum area. The total net free ventilating area shall not be less than 1 to 150 of the area of the space ventilated except that the total area is permitted to be reduced to 1 to 300, provided at least 50 percent and not more than 80 percent of the required ventilating area is provided by ventilators located in the upper portion of the space to be ventilated at least 3 feet (914 mm) above eave or cornice vents with the balance of the required ventilation provided by eave or cornice vents. As an alternative, the net free cross-ventilation area may be reduced to 1 to 300 when a vapor barrier having a transmission rate not exceeding 1 perm (574 mg/s · m² · Pa) is installed on the warm side of the ceiling.

R806.3 Vent clearance. Where eave or cornice vents are installed, insulation shall not block the free flow of air. A minimum of a 1-inch (25.4 mm) space shall be provided between the insulation and the roof sheathing at the location of the vent.

Is adequate attic ventilation now assured by following the code requirement?

The intent of the requirement, after all, is to establish minimum standards. For example, the IRC permits the net free area requirement to be reduced to the 1/300 ratio in certain situations. That amounts to less than 1/2 inch of vent area for each square foot of attic floor area, barely enough to create a flow of air. In addition, this standard assumes a proper balance of exhaust and intake vents. Unfortunately, it's probably safer to assume that assumption rarely holds true.

Section 5: How Much Ventilation is Needed?

Exceeding code.

If you want to install an effective, year-round ventilation system follow the steps below which are based on the 1/150 ratio. This ratio takes into account that today's homes are built with – or remodeled with – materials (doors, insulation, windows, etc.) that are more energy efficient. Consequently, **these homes are more airtight and need more attic ventilation.**

Calculating requirements for an efficient static vent system.

The math involved in calculating ventilation requirements is simple. A pad and pencil are all you need.

Note: The following process is used to calculate requirements for non-powered ventilation systems. If you plan to install a power fan, see calculation instructions on page 19.

1. Determine the square footage of attic area to be ventilated.

To do that, just multiply the length of the attic (in feet) by its width.

Example: For this and the following calculations, we'll assume the home has a 40' by 25' attic area.

Calculation:

$$40' \times 25' = 1,000 \text{ square feet of attic area}$$

2. Determine the total net free area required.

Once attic square footage is known, divide by 150 (for the 1/150 ratio). That determines the total amount of net free area needed to properly ventilate the attic.

Calculation:

$$1,000 \text{ sq. ft.} \div 150 = 6.6 \text{ square feet of total net free area}$$

3. Determine the amount of intake and exhaust (low and high) net free area required.

For optimum performance, the attic ventilation system must be balanced with intake and exhaust vents.

This is a simple calculation: just divide the answer from Step 2 by 2.

Calculation:

$$6.6 \div 2 = 3.3 \text{ sq. ft. of intake net free area and } 3.3 \text{ sq. ft. of exhaust net free area}$$

4. Convert to square inches.

The net free area specifications for attic ventilation products are listed in square inches. Therefore, let's convert our calculation in Step 3 from square feet to square inches. To do this simply multiply by 144.

Calculation:

$$3.3 \text{ sq. ft.} \times 144 = 475 \text{ sq. in. of intake net free area and } 475 \text{ sq. in. of exhaust net free area.}$$

5. Determine the number of units of intake and exhaust vents you'll require.

To make these calculations, first refer to the Net Free Area Table on page 19. The table lists the approximate net free area, in square inches, for common intake and exhaust ventilation units.

To perform the calculations, divide the net free area requirement from Step 4 by the appropriate figure from the Net Free Area Table¹. For our example, we will use the figures for 4 ft. length of ridge vent as well as 16" x 8" undereave vents.

Calculation:

$$\begin{aligned} & \text{(for 4-foot length of ridge vent)} \\ & 475 \text{ sq. in.} \div 72 = 6.6 \text{ pieces of vent} \\ & \text{(or seven 4-foot lengths of ridge vent)} \end{aligned}$$

$$\begin{aligned} & \text{(for 16" x 8" undereave vent)} \\ & 475 \text{ sq. in.} \div 56 = 8.5 \text{ pieces of vent} \\ & \text{(or nine 16" x 8" vents)} \end{aligned}$$

¹ You can also use the calculation table in the Appendix to determine the number of feet of ridge vent and soffit vent required for an installation.

Section 5: How Much Ventilation is Needed?

Calculations for power fan installations.

If you plan on installing a power fan, you can calculate intake and exhaust requirements using the following formulas:

1. Determine the fan capacity needed to provide about 10 to 12 air exchanges per hour.

The formula is:

Attic square feet x 0.7 = CFM capacity
 For example, using the same dimensions as the previous example:

Calculation:

$$1,000 \text{ sq. ft.} \times 0.7 = 700 \text{ CFM}$$

Note: For roofs with a 7/12 to 10/12 roof pitch, you may want to add 20 percent more CFM; and for roofs 11/12 pitch and higher, add 30% more CFM to handle the larger volume of attic space.

2. Determine the amount of intake ventilation required.

The formula is:

CFM rating of fan ÷ 300 = square feet of intake ventilation needed.

Calculation:

$$700 \div 300 = 2.3 \text{ square feet}$$

To turn that figure into square inches, multiply by 144.

Calculation:

$$2.3 \times 144 = 331 \text{ square inches of net free intake area}$$

To find the number of intake vents required, use the Net Free Area Table (see “Low Vents – Intake”).

Net Free Area Table

Type of Vent	Net Free Area (sq. in. – approximate) [†]
High Vents – Exhaust	
Ridge vent (8' length)	144
Ridge vent (4' length)	72
Roof louver	50
Wind turbine (12")	112
Rectangular gable louvers	
12" x 12"	56
12" x 18"	82
14" x 24"	145
18" x 24"	150
Low Vents – Intake	
16" x 8" undereave	56
16" x 6" undereave	42
16" x 4" undereave	28
Continuous Soffit Vent (1' length)	9
Vented Drip Edge (1' length)	9
Perforated aluminum soffit[†]	
One square foot	14
Lanced aluminum soffit[†]	
One square foot	4-7

[†]Be sure to check specifications for individual products to determine actual net free vent area.

Section 5: How Much Ventilation is Needed?

Appendix: Ridge vent/soffit vent calculator for standard gable attic.

To use this calculator, first find the total square footage of the attic floor area. Round your calculations up to the next highest number (see Appendix A).

Then look across to the number under the Minimum Length of Ridge column. That tells you the total linear feet of ridge vent needed using the 1/300 minimum code requirements. *Note: Because today's tighter homes require more airflow, the 1/150 ratio is also included in Appendix A.*

To balance your ridge vent system, find the length of the ridge and follow the column to the right for required soffit or undereave vents (see Appendix B).

Appendix A

Ventilation Requirements		
Attic Square Footage	Minimum Length of Ridge	
	at 1/300 ratio	at 1/150 ratio
1200	16	32
1500	20	40
1800	24	48
2100	28	56
2400	32	64
2600	36	72
3000	40	80
3300	44	88

Note: Calculations are based on ridge vents that provide 18 square inches of net free area per linear foot.

Appendix B

Balancing Your Ridge Vent System				
Length of Ridge	Linear Feet of Continuous Soffit Vent	Number of Undereave Vents		
		16" x 8"	16" x 6"	16" x 4"
15'	30	5	6	10
20'	40	6	9	13
30'	60	10	13	19
40'	80	13	17	26
50'	100	16	21	32
60'	120	19	26	39
70'	140	23	30	45
80'	160	26	34	51
90'	180	29	39	58

Note: FHA requirements and most building codes state the minimum required net free area. This minimum ventilation area may not be enough to effectively ventilate the attic to help prevent moisture damage and cool the attic enough in the winter to help prevent ice dams

Section 6: Ice Dams

Overview:

After completing this section you'll be able to:

- Identify the major causes of ice dams
- Specify steps that can be taken to help prevent the formation of ice dams or minimize the damage they can cause

Dealing with the effects of ice dams.

Ice dams can form when the following conditions exist:

- **Warm air accumulates near the peak of an attic.** This condition is much more common than people think. It occurs because most attics experience some heat loss from attic insulation. And because warm air rises, the upper portion of an attic is always the warmest. Normally, that pocket of warm air won't result in problems – that is – until the following conditions are met.
- **Lower areas of the roof remain cold.** Once again, this is a common condition, especially in the area just above the eave, where temperatures may not be much higher than the ambient outdoor air. If the outdoor temperature is well below freezing, conditions are favorable for the formation of an ice dam.
- **A heavy snow cover accumulates on the roof.** This snow accumulation not only provides the necessary moisture, it also acts as a layer of insulation, preventing heat loss through the roof sheathing. As a result, temperatures in the attic are typically warmer than they are on days when the roof is free of snow.

When all three conditions are met, ice dams form quickly. Heat high in the attic causes snow to melt near the roof peak. The water from the melting snow flows toward the eave area, where colder roof temperatures allow it to refreeze. If conditions persist over several days, this re-freezing of snow melt can form an ice dam (see Figure 19 and Figure 20).

The weight of the dam itself can damage gutters and fascia. When it eventually falls, it also can damage structures or shrubbery below. But the greatest damage occurs when the water pooling inside the dam begins to infiltrate under shingles. The shingles themselves are damaged – if not destroyed.

Far more serious, however, is the damage caused at the plateline area. Insulation can be soaked, reducing its effectiveness. Plus water can infiltrate into both exterior and interior wall cavities, leading to structural damage and the deterioration of painted surfaces. At the very least, mold and mildew can form, creating unpleasant odors and mold spores, resulting in poor indoor air quality.

Section 6: Ice Dams

Figure 19

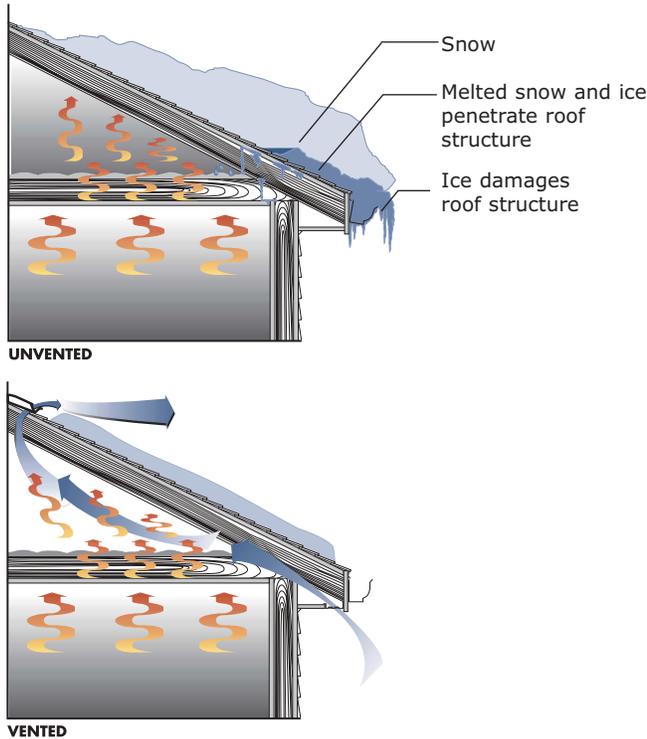
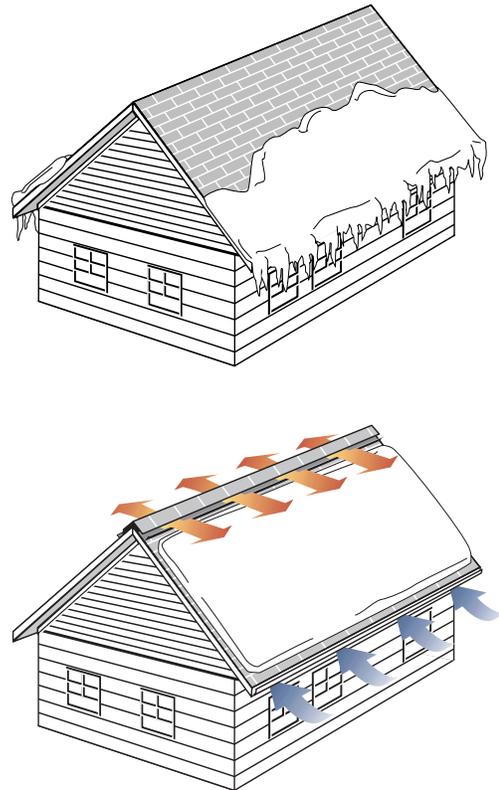


Figure 20



Unvented: Heat entering attic from the home melts the snow on the roof and forms destructive ice dams. **Vented:** Heat is vented out of the attic creating a cold roof.

(Top) Ice dams, besides being unsightly, are destructive. **(Bottom)** Vented attic with snow melting evenly is much more desirable.

How ventilation helps solve ice dam problems.

A typical tactic to fight ice dams is to add more insulation to attics. But no amount of insulation, if used alone, can eliminate the formation of ice dams. An efficient attic ventilation system must be part of any solution, along with ample insulation and waterproofing shingle underlayment.

(Figure 21 illustrates insulation recommendations based on geographic zones.)

Section 6: Ice Dams

Three-part defense against ice dams.

1. Install adequate attic ventilation.

Because ice dams form when a roof has warm upper surfaces and cold lower surfaces, the solution is to equalize temperatures over the entire roof. The most effective way to equalize temperatures is to create a **cold roof**.

To do that, you need a well designed attic ventilation system that will supply airflow along the entire underside of the roof deck. That's critical, because only a uniformly distributed airflow can reduce variation in roof temperatures from peak to eave.

One of the most efficient and effective systems (from both cost and performance standpoints) uses ridge vents and an evenly distributed layout of soffit vents.

2. Install adequate attic insulation.²

Attic insulation serves two purposes. First, it reduces heat loss from a home's living quarters. Since that heat loss is a key factor contributing to the creation of ice dams, stopping it at its source is critical. Second, adequate attic insulation diminishes the energy impact of having cold air flowing through the attic.

When installing insulation – or checking existing insulation – be sure to install adequate amounts around electrical fixtures and wiring and plumbing chases. These areas often contribute to significant heat loss. With existing insulation, also check for water damage and for areas compressed by foot traffic or stored objects. Finally, make certain existing insulation meets today's R-Value requirements.

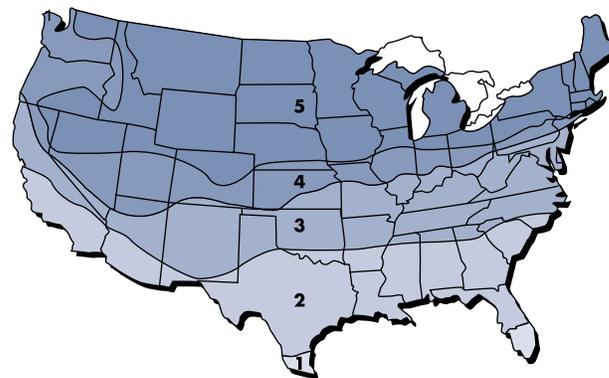
² It's difficult to say precisely how much insulation will be required. Many factors, from house design to its orientation to the weather, enter into the equation. A good rule of thumb, however, is to provide at least 10 to 12 inches of insulation. That's equivalent to an R-Value of 38.

3. If possible, install waterproofing shingle underlayment (WSU).

Even the most efficient attic ventilation system may not be enough to eliminate all ice dams. A combination of weather conditions, roof pitch, building orientation and other factors may allow ice dams to form under certain conditions. If that happens, a WSU barrier can minimize – and possibly eliminate – water infiltration into the building structure (see Figure 22).

Install WSU according to the manufacturer's instructions. In general, install WSU at least two feet above the interior wall line; many contractors say a three-foot barrier is even better. When working in valleys, install WSU three feet on each side of the valley center (see Figure 23).

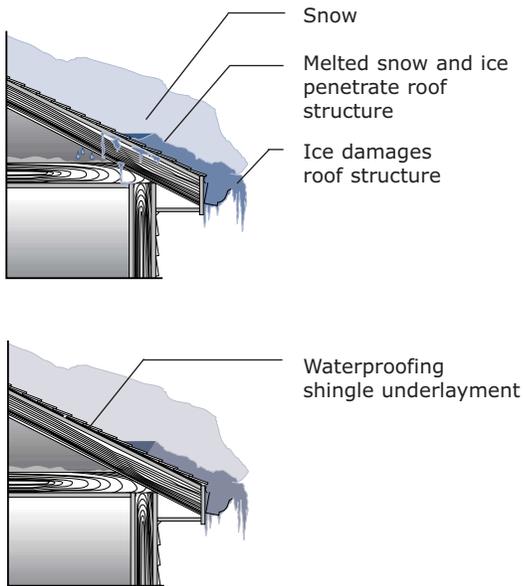
Figure 21



Thermal Recommendations			
Winter Heating Plus Summer Cooling			
Zone	Ceiling Insulation R-Value	Wall Insulation R-Value	Floor Insulation R-Value
1	R-19	R-11	R-11
2	R-30	R-19	R-11
3	R-38	R-19	R-13
4	R-38	R-19	R-19
5	R-49	R-19	R-25

Section 6: Ice Dams

Figure 22



(Top) Water can penetrate to an unprotected roof sheath causing the roof sheath to rot. **(Bottom)** Waterproofing shingle underlayment helps prevent water from penetrating to the roof sheath.

Figure 23



The dark shaded areas are the places that waterproofing shingle underlayment helps protect from the melting water coming off the ice dam.

Glossary

Balanced System

Equal amounts of intake net free area ventilation at the eaves and exhaust net free area ventilation at or near the ridge.

Bernoulli Effect

A phenomenon whereby low pressure resulting from wind passing over a structure or object creates a pulling or lifting action.

CFM

Cubic feet of air moved per minute. All motorized vents have a CFM rating that defines the vent's capacity to move air. The higher the CFM number, the greater the vent's capacity.

Cold Roof

The condition in which the roof temperature is equalized from top to bottom. An equalized roof temperature can help eliminate the conditions that can lead to the formation of ice dams.

Condensation

The change of water from vapor to liquid when warm, moisture-laden air comes in contact with a cold surface.

Conduction

Flow of heat directly through a solid material; responsible for most heat loss or gain in a residence.

Convection

Transfer of heat by air currents, i.e., gravity, hot air furnace.

Deck

The surface, installed over the supporting framing members, to which the roofing is applied.

Dormer

A framed window unit projecting through the sloping plane of a roof.

Drip Edge

A corrosion-resistant, non-staining material used along the eaves and rakes to allow water run-off to drip clear of underlying construction.

Eaves

The horizontal, lower edge of a sloped roof which typically overhangs the walls.

Exhaust Vent

An outlet or opening installed high on the roof near the ridge or in the gable for the purpose of ventilating the underside of the roof deck.

External Wind Baffle

The built-in wing or lip on a ridge vent that deflects wind up and over the vent creating the Bernoulli Effect that enhances airflow performance by pulling or lifting the air out of the attic. It also deflects weather elements over the vent away from the attic.

Flashing

Pieces of metal or roll roofing used to prevent seepage of water into a building around any intersection or projection in a roof, such as vent pipes, chimneys, adjoining walls, dormers and valleys. Galvanized metal flashing should be minimum 26-gauge.

Gable

The upper portion of a sidewall that comes to a triangular point at the ridge of a sloping roof.

Gable Roof

A type of roof containing sloping planes of the same pitch on each side of the ridge. Contains a gable at each end.

Gambrel Roof

A type of roof containing two sloping planes of different pitch on each side of the ridge. The lower plane has a steeper slope than the upper. Contains a gable at each end.

Gutter

A shallow channel or conduit of metal or wood set below and along the eaves of a house to catch and carry off rainwater from the roof.

Hip

The inclined external angle formed by the intersection of two sloping roof planes. Runs from the ridge to the eaves.

Hip Roof

A type of roof containing sloping planes of the same pitch on each of four sides. Contains no gables.

Ice Dam

A collection of melted snow that refreezes, typically at the projecting eave of a sloping roof. The ice dam causes the water from melting snow to back up under roof shingles.

Intake Vent

An inlet or opening installed in the soffit or undereave area for the purpose of ventilating the underside of the roof deck.

Glossary

Internal Weather Filter

An untreated, unwoven fiberglass material inside certain ridge vents that provides extra weather protection from wind-driven rain, snow and dust.

Louver

An opening with a series of horizontal slats so arranged as to permit ventilation but to exclude rain, sunlight, or vision.

Mansard Roof

A type of roof containing two sloping planes of different pitch on each of four sides. The lower plane has a much steeper pitch than the upper, often approaching vertical. Contains no gables.

Net Free Area

The total unobstructed area through which air can enter or exhaust a non-powered vent; generally measured in square inches. All nonpowered vents have a Net Free Area rating.

O.C.

On center. The measurement of spacing for studs, rafters, joists, and the like from the center of one member to the center of the next.

Overhang

The portion of the roof structure that extends beyond the exterior walls of a building.

Perm

A measure of water vapor movement through material.

Pitch

The degree of roof incline expressed as the ratio of the rise, in feet, to the span, in feet.

R-Value

Thermal resistance, a measure of a material's or a construction's ability to retard heat flow. R-Values in a series of materials can be added to determine a construction's total thermal resistance.

Radiant Heat

Heat transferred from one body to another which are not in contact (i.e., from the sun to a roof).

Rafter

One of a series of structural members of a roof, designed to support roof loads. The rafters of a flat roof are sometimes called roof joists.

Rake

The inclined overhang of a gable roof.

Ridge

The horizontal line at the junction of the top edges of two sloping roof surfaces. The rafters of both slopes are nailed to a board at the ridge.

Sheathing

Exterior grade boards used as a roof deck material.

Shed Roof

A roof containing only one sloping plane. Has no hips, ridges, valleys or gables.

Slope

The degree of roof incline expressed as the ratio of the rise, in inches, to the run, in feet.

Soffit

The finished underside of the eaves.

Square

A unit of roof measurement covering a 10 ft. by 10 ft. roof area, or 100 square feet of roof area.

Thermal Effect

The inherent property of warm air to rise, also known as thermal buoyancy.

Vapor Diffusion

The process in which water vapor naturally travels from high-humidity conditions to low-humidity conditions; for example, from the living space into the attic.

Vapor Retarder

Any material used to prevent the passage of water vapor. Applied to insulation or other surfaces, it retards vapor travel to regions of low temperature where it may condense. A material is considered a vapor retarder if it has a perm rating of 1 or less (the lower perm, the better the vapor retarder). Examples: Kraft facing on insulation, foil facing on insulation.

Vent

Any device installed in a roof, gable or soffit for the purpose of ventilating the underside of the roof deck. Any outlet for air that protrudes through the roof deck such as a pipe or stack.

Waterproofing Shingle Underlayment (WSU)

A special self-adhering waterproofing shingle underlayment designed to protect against water infiltration due to ice dams or wind-driven rain.

Taking the PAV Test

There are two ways to submit your test answers for grading:

1. Print out the test pages. Fill in your name and mailing information and complete the test by circling your answers. Then mail the test to: Air Vent, c/o PAV Online Course, 7700 Harker Drive, Suite A, Peoria, IL 61615.
2. Take the test online at <http://www.airvent.com/professional/PAVcourse.html>. Read the question in the PDF, then mark your answer in the interactive column to the right of the appropriate question number.

Please allow 2 to 3 weeks for processing.

Note: To receive a Certificate of Completion you must correctly answer 18 of the 20 questions. If your test score is less than 18 correct, you'll be notified in writing with instructions on re-taking the test.

PAV Test

Name _____

Company _____

Address _____

City, State, ZIP _____

E-mail _____ Phone _____

- 1) A properly designed attic ventilation system can:
 - a. provide added comfort inside the living space and help reduce energy consumption inside the house
 - b. help protect against damage to the roof structure and materials
 - c. both a and b

- 2) On a sunny day with outdoor temperatures of 90° F, the attic temperature in a home without attic ventilation:
 - a. could be as high as up to 140° F
 - b. would be at about the same temperature as the outdoor air
 - c. would be 10° cooler than the outdoor air

- 3) In the winter:
 - a. heated indoor air travels from the home into the attic
 - b. daily activities such as cooking, cleaning and bathing can generate up to 2 to 4 gallons of moisture inside the house, some of which rises into the attic
 - c. both a and b

- 4) “Ventilate” comes from the Latin word for:
 - a. “to move”
 - b. “to fan”
 - c. “to dry”

- 5) One of the goals of an efficient attic ventilation system is to:
 - a. provide a steady, high volume of air movement
 - b. keep only the upper part of the attic cool
 - c. allow moisture to condense on the wood members inside the attic

- 6) The key element in the design of a non-powered ventilation system is:
 - a. the wind
 - b. thermal effect
 - c. insulation

PAV Test

- 7) “The total unobstructed area, usually measured in square inches, through which air can enter or exhaust a non-powered ventilation component” is known as:
 - a. mechanical ventilation
 - b. net free area
 - c. a balanced ventilation system

- 8) Placing intake vents on both sides of a gable roof:
 - a. is not necessary
 - b. allows for optimum attic ventilation on both sides of the ridge
 - c. eliminates the need for exhaust vents high on the roof

- 9) The following are designed to be exhaust vents except:
 - a. roof louvers
 - b. ridge vents
 - c. mini-louvers

- 10) With a roof louver exhaust system:
 - a. the airflow pattern is uniform
 - b. the airflow pattern is not uniform
 - c. intake ventilation is not necessary

- 11) A ridge vent design that includes an external baffle:
 - a. uses the wind to its advantage by creating the Bernoulli Effect on both sides of the vent
 - b. helps protect the attic from weather infiltration
 - c. both a and b

- 12) Generally, to equal the net free area of 42 linear feet of ridge vent:
 - a. would require 42 roof louvers
 - b. would require 64 roof louvers
 - c. would require 15 roof louvers

- 13) Advantages of an externally baffled ridge vent system compared to other types of static exhaust vents include:
 - a. maximum air movement and efficiency
 - b. uniform air movement
 - c. both a and b

- 14) In order for a power fan to help fight moisture buildup in the winter, it:
 - a. must be equipped with a humidifier
 - b. must be equipped with a humidistat
 - c. already fights moisture with its thermostat control

PAV Test

- 15) Ideally, a power fan should provide:
 - a. at least 5 changes of attic air every hour
 - b. at least 7 changes of attic air every hour
 - c. at least 10 changes of attic air every hour

- 16) In order to properly calculate the amount of intake venting needed for a power fan:
 - a. you must first know the fan's CFM capacity
 - b. divide the living space square footage by 300
 - c. multiply the overhang size by 0.7

- 17) According to the 2003 International Residential Code Section R806, where the eave or cornice vents are installed attic insulation shall not block the free flow of air and:
 - a. a minimum of 1-inch space shall be provided between the insulation and the roof sheathing at the location of the vent
 - b. a minimum of 1/2 inch space shall be provided between the insulation and the roof sheathing at the location of the vent
 - c. a minimum of 1/4 inch space shall be provided between the insulation and the roof sheathing at the location of the vent

- 18) In an unvented attic space during the winter:
 - a. heat is vented out of the attic creating a cold roof
 - b. heat entering the attic from the living space can melt snow on the roof unevenly and contribute to ice dam formation
 - c. potential ice damming in snow climates is never a concern

- 19) The best defense against ice dam formation includes:
 - a. the use of attic insulation only
 - b. the use of attic insulation along with attic ventilation
 - c. the use of attic insulation, attic ventilation and waterproofing shingle underlayment

- 20) The overall purpose of this online course was to:
 - a. familiarize you with the year-round benefits of attic ventilation
 - b. help you differentiate between the various types of attic ventilation systems
 - c. help you determine how much attic ventilation is needed for any size attic
 - d. all of the above